



Institute of Engineering & Management

Salt Lake Electronics Complex, Kolkata - 700 091, WB, India

International Yoga Day

International Yoga Day (IYD) is an annual celebration observed on June 21st, dedicated to promoting the ancient practice of yoga and its numerous benefits for physical, mental, and spiritual well-being. This global event brings together individuals from diverse backgrounds to participate in mass yoga sessions, workshops, and awareness programs, fostering unity, harmony, and holistic living. Institute Of Engineering & Management in association with the Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH), IEM Inner Wheel, Club and Vivekananda Kendra celebrated International Yoga Day on 21st June 2023 in CII Auditorium, on Management House. An instructor from AYUSH has come and demonstrated the YOGA steps to the faculty members. An outstanding evening was spent by all of us.

**INSTITUTE of ENGINEERING & MANAGEMENT
AND
UNIVERSITY OF ENGINEERING & MANAGEMENT**

IN ASSOCIATION WITH

**Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy
(AYUSH)**

**INNER WHEEL CLUB OF IEM (DISTRICT 329)
VIVEKANANDA KENDRA**

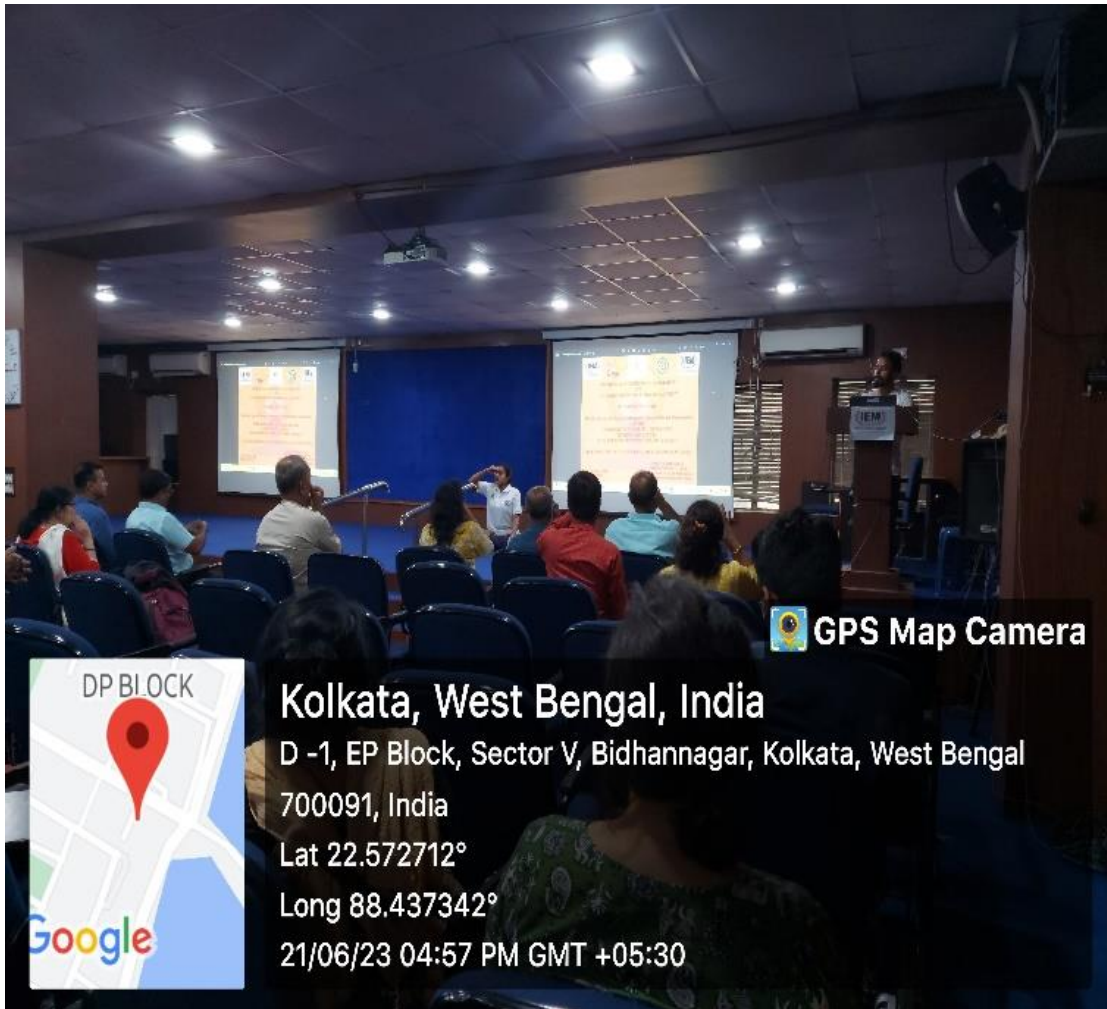
IS CELEBRATING “INTERNATIONAL DAY of YOGA”


FOLLOWING THE PROTOCOLS AND GUIDELINES GIVEN BY AYUSH

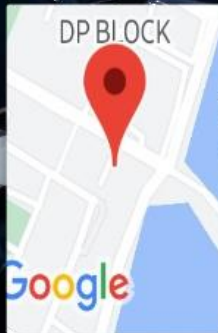
**VENUE: CII AUDITORIUM,
IEM MANAGEMENT CAMPUS
D-1, Street No. 13, EP Block, Sector V,
Bidhanagar, Kolkata, West Bengal
700091.**

**DATE: 21st June, 2023
TIME: 4 PM-5 PM**





 GPS Map Camera



Kolkata, West Bengal, India

D -1, EP Block, Sector V, Bidhannagar, Kolkata, West Bengal

700091, India

Lat 22.572712°

Long 88.437342°

21/06/23 04:57 PM GMT +05:30



Prof. Dr. Arun Kumar Bar
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